

What is Integrated Health?

IHH is a statewide program in Iowa that addresses improving whole health for the mentally ill.

As part of a total health process, IHH works to serve the mentally ill to enhance and extend the life of people who suffer from mental issues. By addressing physical health and wellness, IHH hopes to improve health outcomes to enhance long and healthy lives of the mentally ill in the Siouxland area.



Siouxland Mental Health www.siouxlandmentalhealth.com

Main Office Building
625 Court St
Sioux City, IA 51102
712-252-3871
1-877-4-WE-CARE

Friendship House
1101 Court St
Sioux City, IA 51105
Member's: 712-255-8840
Office: 712-255-4209

Adult IHH
205 5th St.
Sioux City, IA 51101
Office: 712-202-0173 ext. 112

Community Support Services
205 5th St.
Sioux City, IA 51101
Office: 712-202-0173 ext. 111

Sioux Rivers Regional
Assessment &
Stabilization Center
4038 Division St.
Sioux City, IA 51104
Office: 712-560-7996

Pediatric IHH
205 5th St.
Sioux City, IA 51101
Office: 712-224-1023

Crisis Line (24 hours / 7 days per week)

712-279-2010



Integrated Health Home

*Commitment to overall
health and wellness*

**712-202-0173
Extension 112**

Integrated Health Home



An Integrated Health Home (IHH) is a team of professionals working together to provide whole person, patient-centered, coordinated care for adults with a serious mental illness (SMI) and children with a serious emotional disturbance (SED).

Key Elements of IHH Services:

1. Customized “whole health” treatment plans focusing on prevention, early intervention and wellness, including coordinated physical and behavioral health care management.
2. Peer support services to encourage the individual’s commitment to recovery and wellness.
3. Active coordination between behavioral and physical health providers to improve care.

Who is eligible for IHH Services?

- Enrolled in Medicaid
- An adult with a Serious Mental Illness (SMI):
 - Schizophrenia
 - Schizoaffective Disorder
 - Bipolar Disorder
 - Major Depression
 - Obsessive Compulsive Disorder
 - Psychotic Disorders
 - Other serious mental health condition that causes significant impairment in daily functioning.
- Children and youth with a Serious Emotional Disturbance (SED)-includes a diagnosable mental, behavioral, or emotional disorder that results in impairment in everyday functioning.

The Care Team will work together to provide:

- Comprehensive Care Management
- Care Coordination
- Health Promotion
- Comprehensive transitional care
- Individual and Family support services
- Referral to Social and Community Services



For referral information or to learn more about IHH, please contact a member of our team:

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