

Job Description

Department: Integrated Health Home

Job Title: Adult IHH Peer Support Specialist

Reports to: IHH Director

Job Purpose: This position serves as an integral member of the interdisciplinary team for the Integrated Health Home Initiative. The Peer Support Specialist's primary responsibility is to encourage consumers on taking control over their own health and wellness, promoting the concept of "whole-health." The Peer Support Specialist is responsible for providing support services and serving as a consumer advocate. The Peer Support Specialist performs a wide range of tasks to assist consumers in their own recovery process and role model competency in ongoing coping skills.

Essential Duties and Responsibilities:

- Utilize goal setting processes to further consumers' recovery process. Develop additional programs/recovery groups to meet the needs of the members.
- Assist consumers in identifying personal goals for recovery and determine interventions based on these goals.
- Provide resources and referrals to community and social support services.
- Promotion of substance abuse prevention, smoking prevention and cessation, obesity reduction, and increased physical activity.
- Lead as well as teach consumers how to facilitate recovery dialogues and/or self-management plans so that members can attain personal health goals.
- Assist consumers in creating a Wellness Recovery Action Plan (WRAP).
- Utilize and teach problem solving techniques with individuals and groups.
- Conduct Groups such as Faith and Healing, Creative Writing, Health and Wellness.
- Facilitate and/or participate in transportation of clients to and from appointments.
- Teach consumers how to identify and combat negative self-talk and teach them how to identify and overcome fears.
- Provide and advocate for effective recovery based services and reduce barriers to access to care.
- Teach and role model the value of every individual's recovery experience.
- Review patient profiles with IHH Health Team to assess needs of consumers.
- Attend provider team meetings as necessary to ensure appropriate collaboration of services and treatments for the consumers.
- Complete all necessary paperwork for insurance and billing. Adhere to all deadlines set forth by Siouxland Mental Health and Managed Care Organizations.

Additional Duties and Responsibilities:

- Accomplish all tasks as appropriately assigned or requested.

Competencies:

- Social Skills—the individual professionally interacts with members and models appropriate behaviors.
- Problem solving—the individual identifies and resolves problems in a timely manner and gathers and analyzes information skillfully.
- Oral communication—the individual speaks clearly and persuasively in positive or negative situations, demonstrates group presentation skills and conducts productive meetings.
- Written communication—the individual edits work for spelling and grammar, presents data effectively and is able to read and interpret written information.
- Leadership—the individual inspires and motivates others to perform well, accepts feedback from others.
- Quality management—the individual looks for ways to improve and promote quality and demonstrates accuracy and thoroughness.
- Judgment—the individual displays willingness to make decisions, exhibits sound, accurate, and ethical judgment and makes timely decisions.
- Planning/organizing—the individual prioritizes and plans work activities, uses time efficiently and develops realistic action plans.
- Safety and security—the individual observes safety and security procedures and uses equipment and materials properly.
- Interpersonal skills—the individual maintains confidentiality, remains open to others' ideas and exhibits willingness to try new things.

Experience and Education:**Required:**

- High school diploma or equivalent
- Diagnosed with a serious mental illness
- Knowledge of, and experience in working with adults with mental illness
- Complete Peer Support training and certifications within 6 months of hire date

Preferred:

- Knowledge of community resources

This job description is not intended to be all-inclusive and does not constitute a written or implied contract of employment. The employee will be expected to perform other reasonably related duties as assigned by the immediate supervisor and / or other management personnel.