

What is Integrated Health?

IHH is a program running in the Siouxland area to address whole health for the mentally ill. As part of a total health process, IHH works to serve the mentally ill to both enhance and extend the life of people who suffer from mental issues. By addressing physical health and wellness, IHH hopes to accomplish long and healthy lives of the mentally ill in the Siouxland area.



Siouxland Mental Health

www.siuoxlandmentalhealth.com

Main Office Building
625 Court St
Sioux City, IA 51102
712-252-3871
1-877-4-WE-CARE

Community Support
Services
205 5th St.
Sioux City, IA 51101
712-202-0173

Friendship House
1101 Court St
Sioux City, IA 51105
Member's: 712-255-8840
Office: 712-255-4209



Siouxland Mental Health



Integrated Health Home Program

Commitment to overall health and wellness

712-202-0173
Ext: 110

Integrated Health Home Program



An Integrated Health Home (IHH) is a team of professionals working together to provide whole person, patient-centered, coordinated care for adults with a serious mental

illness (SMI) and children with a serious emotional disturbance (SED).

Key Elements of Iowa's Integrated Health Home Program include:

1. Customized "whole health" treatment plans focusing on prevention, early intervention and wellness, including coordinated physical and behavioral health care management.
2. Peer support services to encourage the individual's commitment to recovery and wellness.
3. Active coordination between behavioral and physical health providers to improve care.

Who is eligible for IHH Services?

- Enrolled in Medicaid
- An adult with a Serious Mental Illness (SMI):
 - A. Schizophrenia
 - B. Schizoaffective Disorder
 - C. Bipolar Disorder
 - D. Major Depression
 - E. Other serious mental health condition that causes significant impairment in daily functioning.
- Children and youth with a Serious Emotional Disturbance (SED)-includes a diagnosable mental, behavioral, or emotional disorder that results in impairment in everyday functioning.

The Team will work together to:

- Manage your physical and behavioral health services.
- Create a comprehensive health treatment plan just for you.
- Focus on total wellness.
- Provide support to you and your family members.
- Make sure you have access to care 24 hours a day.
- Use technology to link all the services together.
- Promote recovery and resiliency.



For referral information or to learn more about the program, please contact a member of our team:

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Peer Support Specialist:

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