

Read what our teams are doing...

◆ Nurse Care Manager-

We have been working with the family of a 10 year-old girl diagnosed with ADHD , ODD and asthma. Our staff have arranged for outpatient and BHIS services and provided peer support for mom. The nurse helped mom and daughter develop an asthma action plan as she was having frequent asthma attacks. A home visit was made to help identify asthma triggers which has led to better medication adherence and control of the asthma. The family has avoided emergency room visits.

◆ Care Coordinator-

Our team was able to help a single mother and her four sons transition to a new home after being homeless for almost eight months. They had no furniture or beds, only blankets and pillows to sleep on the floor. We were able to provide them with resources to start living comfortably again. Now that their basic needs are being met, we can help this family access therapy and other services to address the boys' mental health needs.

◆ Family Support Specialist-

One of our peer support staff attended a court hearing with a mom during which tensions were so high that the mom was in jeopardy of being arrested. The Family Peer Support Specialist was able to take the mom aside and help her understand that her behavior was inappropriate and could result in further complications for her family. Mom was able to return to the courtroom calm and actively participated in the proceeding.

The **vision** of the P-IHH Program is that all children in Iowa have access to an integrated system of coordinated services and supports, in their communities that they need to successfully reach their optimal potential. This program is based on System of Care (SOC) principles, assuring that all services and supports are:

- ◆ **Child-centered, family focused, and family-driven**
- ◆ **Community-based**
- ◆ **Culturally competent and responsive**

The P-IHH program activities are strengths-based and individualized, building on each family's informal and natural supports while connecting them to available community resources.



Siouxland Mental Health Center
Located in the Siouxland District Health Department
PIHH Program
1014 Nebraska st
712-224-1023



Pediatric Integrated Health Home



Providing care coordination and family support services to children and youth with mental health challenges and their families.

712-224-1023

What is Pediatric Integrated Health Home?



◆ Pediatric Integrated Health Home (PIHH) is a client centered program that offers supportive services to parents and caregivers of children with a Severe Emotional Disturbance to help them manage their child's health care needs.

- ◆ P-IHH believes that through comprehensive care coordination children can achieve a better quality of care and families can maximize their potential.
- ◆ P-IHH partners with families and includes them as part of a team. Others that are included in your team are a care coordinator, a family support specialist and a nurse. Each team member has a set of unique skills based on their experiences and education. As a team, they are positioned to assist members with holistic care coordination, health and wellness education, resource direction with and for children with mental health challenges and their families.

This program is being offered through Siouxland Mental Health Center.

Who is eligible for PIHH?

- ◆ Diagnosed with a mental, behavioral, or emotional disorder that results in impairment in everyday functioning
- ◆ Resident of Woodbury County
- ◆ Under 18
- ◆ Receive Medicaid or are Medicaid eligible

How can P-IHH serve you?

- ◆ Access to a nurse
- ◆ Supportive care 24 hours a day, 7 days a week
- ◆ Access to a Family Support Specialist
- ◆ Personalized team for coordinated services
- ◆ Advocating for you and your child
- ◆ Partnering with primary care and specialty offices to help eliminate barriers for your child and your family
- ◆ Collaborating with the school to assist with your child's educational needs
- ◆ Work to overcome barriers within and beyond health care systems, such as reimbursement, time limitations and resources.
- ◆ Improve access to mental health services for children, adolescents and their families

For referral information or to learn more about the program, please contact a member of our team:



Team Leaders:

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Nurse Care Managers:

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Kelsey, 712-204-7569

Care Coordinators:

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Katie, 712-204-4943
Nikki, 712-204-9885
Sarah, 712-204-1629

Family Support Specialist:

Claudia, 712-204-9897
Veronica, 712-212-7022